



PLAN | AWARENESS | ACKNOWLEDGE | EXECUTE

NO PLAN NO WORK

HAND AND FINGER INJURIES

The hand is one of the most complex parts of the body. The movement of the tendons, bones, tissues and nerves allows a person to grip and do a wide variety of complex jobs.. Hands make a person a skilled, valuable worker.

CRITICAL CONTROLS

- Use the right tool for the job and operate tools within the limits of their design.
- Use the correct PPE for the job.
- Do not wear jewellery that could become caught on tools, machinery or equipment.
- Never place fingers, hands or arms through moving parts.
- Always keep your fingers out of the line of fire for example lifting of pipes (nip points)
- Do not use hands to check for hydraulic leaks

